

# Low Cost Medical Clinics

**1) Free Clinics** - Limited hours and locations. Run by volunteers. Funded by grants and individual donations. Typically Faith based.

Use this link <http://wafreeclinics.org/clinics.html> then scroll to the bottom of the page to click for an up to date list of free clinics contact information. There are now three Free Clinics in Tacoma, one in Auburn and one in Renton.

**2) Sliding Fee Clinics** - Community Health Centers - Run by paid staff. Funded 50% by the Federal Government. Most of their clients are eligible for Medicaid.

Minimum cost is \$20 to see Dr. But cost will be deferred if you can't pay for their care. This is the best long term care solution for the uninsured. Using a Community Health Center will allow an individual access to a medical/dental clinic open all week long. If someone is uninsured the staff will see if they qualify for Public Assistance. If they do not qualify for Public Assistance (Medicaid, CHIP) then they will suggest insurance coverage through the WA Health Plan.

<http://wacmhc.org/> WA State search

[http://findahealthcenter.hrsa.gov/GoogleSearch\\_HCC.aspx](http://findahealthcenter.hrsa.gov/GoogleSearch_HCC.aspx) National search

**4) Children's Health Insurance Plan – CHIP.** Federal and State funded. Families up to 300% of the FPL qualify for free or low cost health insurance in WA. This plan is branded Apple Health for Kids in WA.

<http://hrsa.dshs.wa.gov/applehealth/>

**4) Community Health Plans of WA.** This is the insurance arm of the Community Health Clinics. The WA Health plan is managed by this group.

<http://chpw.org/>

[http://chpw.org/assets/file/WHP\\_Information%20Deck\\_chp\\_062410.pdf](http://chpw.org/assets/file/WHP_Information%20Deck_chp_062410.pdf)